

## Separation Anxiety

When you hear this term most of us think of a young child being upset that their parent is leaving them. In fact Wikipedia tells us that **Separation anxiety disorder (SAD)**, is a [psychological](#) condition in which an individual experiences excessive [anxiety](#) regarding separation from home or from people to whom the individual has a strong [emotional attachment](#) (e.g. a parent, caregiver, or siblings). It is most common in infants and small children, typically between the ages of 6–7 months to 3 years.



Unfortunately, many of us get separation anxiety again when our parents age. Instead of worrying about ourselves, we worry about our parents. Elderly parents insist on living alone. However, we may see signs. There are stacks of notices and other things that they are not taking care of like they used to.

us get separation anxiety age. It is different from worrying about our parents. They are fine living alone. We have seen worrisome signs of bills, many with late indicators that they are

Many families are now spread across the country. When a parent ages and needs help, it seems like the US is huge!

Even when you live in the same town, worrying about how your parents are can be a full time job.

A strain is put on your daily activities when your mind is a state or many states away - wondering how your parents are managing. **Professional Paperwork Services** can help. With everyone on board, we work with your parents and keep you in the loop. One of the benefits of working with us is that ***we reduce your stress!***

Our goal is to allow you to just visit with your parent and not worry about administrative matters. We take care of bills, health insurance reconciliation and other paperwork matters. We also can act as your eyes and ears when we are working with your parents. Because we have a vast network of other companies in the geriatric arena, we can recommend them to you if needed.

Let us help!

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